



Japanese Curry Rice



Purple Mixed Grain rice topped with Japanese curry (carrot, potato, onion) and tender pan seared chicken . Served alongside with raw cabbage, carrot, sesame sauce, lotus root, and a dessert.

NUTRITION FACTS	
Per Serving	
Calories	610 kcal
Protein	34 gram
Carbohydrate	70 gram
Fats	18 gram
Fiber	14 gram



Honey Soy Chicken

Beetroot brown rice topped with a sunny-side egg, paired with soy-glazed chicken cubes. Served alongside with sautéed veggies, pickled cucumber, and a light peach gum dessert.

NUTRITION FACTS	
Per Serving	
Calories	573 kcal
Protein	36 gram
Carbohydrate	68 gram
Fats	16 gram
Fiber	8 gram



K Japchae Noodle

Japchae noodle with shiitake, spinach, wood ear & carrots, paired with gochujang chicken. Served alongside char-grilled broccoli, capsicum & carrots, with a refreshing fruit side.

NUTRITION FACTS

Per Serving

	Calories	515 kcal
	Protein	27 gram
	Carbohydrate	70 gram
	Fats	14 gram
	Fiber	10 gram



Mala Shrimp Bowl



Mixed grain rice topped with Yum-made shrimp ball, paired with mild Mala oil. Served alongside with stir fry cabbage, corn, carrot, black fungus and a soft boiled egg.

NUTRITION FACTS

Per Serving

	Calories	524 kcal
	Protein	34 gram
	Carbohydrate	51 gram
	Fats	17 gram
	Fiber	5.5 gram



Creamy Tomato Pasta

Tender macaroni tossed in a light, creamy tomato sauce with diced chicken, garlic, and herbs, finished with a touch of Parmesan for a comforting, high-protein meal that’s full of flavour.

NUTRITION FACTS		
Per Serving		
 Calories	652 kcal	
 Protein	42 gram	
 Carbohydrate	53 gram	
 Fats	20 gram	
 Fiber	6 gram	



Braised Chicken Rice

Purple mixed grain rice topped with savory braised chicken cube and braised egg. Served alongside bokchoy, carrots, pickled cucumber and a light refreshing peach gum dessert.

NUTRITION FACTS		
Per Serving		
 Calories	551 kcal	
 Protein	37 gram	
 Carbohydrate	54 gram	
 Fats	21.6 gram	
 Fiber	8.9 gram	

Dessert may vary slightly based on seasonal ingredients & daily preparation.



Smoked Duck Fusilli👍

Fusilli topped with smoked duck slices, paired with capsicum, corn and soft-boiled egg. Served alongside broccoli, shiitake, carrots, and eggplant, finished with a peach gum dessert.

NUTRITION FACTS		
Per Serving		
	Calories	552 kcal
	Protein	25.8 gram
	Carbohydrate	70 gram
	Fats	18 gram
	Fiber	9 gram



Salmon Power Bowl👍

Grilled salmon cube served with brown rice, cucumber, carrots, yum-made kimchi, edamame, corn and egg, paired with a low calorie yum-made garlic yogurt sauce.

NUTRITION FACTS		
Per Serving		
	Calories	610 kcal
	Protein	41 gram
	Carbohydrate	47 gram
	Fats	28 gram
	Fiber	6 gram



Ayam masak merah

Tomato infused rice paired with Malaysian ayam masak merah, served with homemade nyonya acar (cabbage, cucumber, carrot, pineapple chunks) and a milky fruit dessert.

NUTRITION FACTS		
Per Serving		
	Calories	572.8 kcal
	Protein	32 gram
	Carbohydrate	65.6 gram
	Fats	17.5 gram
	Fiber	7.8 gram



Garlic Miso Fried Rice

Garlic miso fried rice topped with saba grilled fish, poached egg, cucumber, tomato, lettuce, cabbage, corn, edamame, carrots and a lemon slice to balance the flavor.

NUTRITION FACTS		
Per Serving		
	Calories	632 kcal
	Protein	34 gram
	Carbohydrate	49 gram
	Fats	33 gram
	Fiber	7 gram

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Mala Glass Noodle

Perfect dish for Mala lover. Chewy glass noodles tossed in mala sauce, paired with minced chicken and lotus root. Served alongside pickled carrots and cucumber, shredded egg, lettuce and a milky fruit dessert.

NUTRITION FACTS

Per Serving

	Calories	628 kcal
	Protein	37 gram
	Carbohydrate	56 gram
	Fats	24 gram
	Fiber	4.6 gram

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Korean Kimchi Fried Rice

Kimchi fried rice topped with a sunny-side egg, paired with K soy marinated quail eggs & shrimp.. Served alongside with spinach, pickled cabbage, and a yum made banana chocolate fudge.

NUTRITION FACTS

Per Serving

	Calories	540 kcal
	Protein	27.7 gram
	Carbohydrate	74.5 gram
	Fats	19 gram
	Fiber	11.2 gram



Korean rice onigiri

Korean-style onigiri mixed with carrot, corn, and seaweed, paired with gochujang glazed chicken, kimchi and a refreshing salad with honey lemon sauce. Served with fresh fruit.

NUTRITION FACTS

Per Serving

 KCAL	Calories	517 kcal
	Protein	24.7 gram
	Carbohydrate	66.7 gram
	Fats	18 gram
	Fiber	9 gram



K-Bibimbap Rice Bowl

Brown rice bibimbap topped with a sunny-side egg, tendered grilled chicken breast, homemade fermented kimchi, firm tofu cubes, spinach, shiitake mushroom, purple cabbage, carrot and a savory Gochujang sauce.

NUTRITION FACTS

Per Serving

 KCAL	Calories	620 kcal
	Protein	48 gram
	Carbohydrate	59 gram
	Fats	20 gram
	Fiber	5.4 gram



Mexican Taco Chick Bowl



Seasoned taco-style minced chicken served over brown rice, topped with soft egg ribbons and crunchy tortilla chips for extra texture. Paired with a fresh salsa mix of corn, tomatoes, and edamame, finished with a creamy yogurt based aioli sauce.

NUTRITION FACTS	
Per Serving	
Calories	590 kcal
Protein	37 gram
Carbohydrate	64 gram
Fats	20 gram
Fiber	7 gram



Yum-Dos Grilled Chicken

Tomato infused spiced brown rice topped with tomato, paired with Nando's inspired grilled chicken. Served alongside with Yum-made peri peri sauce, carrot, onion, corn, bell pepper, eggplant and a milky mango chia dessert.

NUTRITION FACTS	
Per Serving	
Calories	498 kcal
Protein	28 gram
Carbohydrate	58 gram
Fats	17.5 gram
Fiber	11.9 gram

Dessert may vary slightly based on seasonal ingredients & daily preparation.



Salmon Mushroom Pasta

Grilled salmon served over mushroom spaghetti, paired with freshly charred broccoli, cauliflower, carrots and a soft-boiled egg. Sprinkle with parmesan cheese on top.

NUTRITION FACTS		
Per Serving		
 Calories	635 kcal	
 Protein	39.7 gram	
 Carbohydrate	64.2 gram	
 Fats	27 gram	
 Fiber	10.7 gram	



Blue Pea Curry Rice

Blue pea brown rice paired with rich curry potatoes chicken cubes, served with homemade nyonya acar (cucumber, carrot, pineapple chunks, peanuts) and a fruit jelly.

NUTRITION FACTS		
Per Serving		
 Calories	544.5 kcal	
 Protein	31.9 gram	
 Carbohydrate	70 gram	
 Fats	16 gram	
 Fiber	10.7 gram	



Black Pepper chicken

Grilled chicken and roasted confit potatoes with black pepper sauce, served alongside lettuce, cucumber, tomato, carrot, egg, yum-made ponzu sauce and low calorie banana chocolate fudge.

NUTRITION FACTS	
Per Serving	
Calories	623 kcal
Protein	37.2 gram
Carbohydrate	53.1 gram
Fats	22.6 gram
Fiber	9.7 gram



Sichuan Mala Chic Rice

Tender chicken tossed in fragrant Sichuan mala sauce, served with multigrain purple rice and silky steamed egg. Accompanied by a stir-fry of cabbage, enoki mushrooms, and carrots, and finished with a side of fresh fruit.

NUTRITION FACTS	
Per Serving	
Calories	559 kcal
Protein	32 gram
Carbohydrate	58 gram
Fats	20 gram
Fiber	6 gram

Dessert may vary slightly based on seasonal ingredients & daily preparation.